

Keeping it real by Going Deeper!

The Passage & The Message: Psalm 131 says

¹ LORD, my heart is not proud;
my eyes are not haughty.
I do not get involved with things
too great or too wondrous for me.
² Instead, I have calmed and quieted my soul
like a weaned child with its mother;
my soul is like a weaned child.

³ Israel, put your hope in the LORD,
both now and forever.

Getting Started:

1. What **STOOD OUT** to you?

What insight, principle, or observation from this weekend's message did you find to be most helpful, or eye-opening?

2. What **PUZZLED** you?

Did anything in this verse or message puzzle you, trouble you or cause you to ask questions about anything that you hadn't necessarily thought about much before?

3. What did you **LEARN** about God and His people?

Why can't we ever be truly at peace when we're proud?
See also Psalm 1, Proverbs 17:19, James 4:6

How can God's people find true soul peace?
See also Psalm 62, Matthew 11:28-30, Psalm 119:49-52, Romans 5:1-5

How is Jesus the perfect example of this?
See Philippians 2:5-11, 1 Peter 2:21-23

4. How might this **APPLY**?

- *Within your marriage* (if married or if not, with those you are closest to) –
 - Maybe read: 1 Corinthians 13:4-7

We all struggle, but if you're honest where do you struggle most in this area?

- *Within your home* – (thinking here of one’s children, or others who live with you) -
 - Maybe read:
Proverbs 6:20-23, 15:5, 19:26

We all struggle, but if you’re honest where do you struggle most in this area?

- *Within the Fellowship with other believers* –
 - Maybe read:
Romans 12:9-21, James 4

We all struggle, but if you’re honest where do you struggle most in this area?

- *Within your place of work* –
 - Maybe read:
1 Peter 2:11-20

We all struggle, but if you’re honest where do you struggle most in this area?

- *Within your community* –
 - Maybe read:
Luke Psalm 20:7-9

We all struggle, but if you’re honest where do you struggle most in this area?

- *Within your own personal walk with Jesus* -
 - Maybe read:
1 Peter 1:13-2:4
Luke 18:9-23

We all struggle, but if you’re honest where do you struggle most in this area?

5. What will you **TALK** to God or others about?

David is telling us how he has found peace for his soul and encouraging us to do the same by putting our hope in God alone, so that we too might 'taste and see that the LORD is good' (Psalm 34:8) and encourage others to hope in God as well.

a. What things are we taught about God within this verses that we can tell others - be they churchd or un- churchd, converted or un-converted. List them below.

b. Think about how you answered question 4 and maybe bring some of these petitions to God in prayer before you finish up today. This is one way of thinking and acting on this above question (5) over "what will you talk to God" about this verse and truth. Grace & Peace as we 'Keep it real by Going Deeper' taking both God's and our concerns to Him.