

# Keeping it real by Going Deeper!

The Passage & The Message: Matthew 6: verse 11, Jesus taught His disciples to pray saying,

**“Give us this day our daily bread,” pt2.**

## Getting Started:

In last Sunday’s message we looked again at Jesus’ words that he taught his disciples to pray daily and, therefore, by extension what we as Jesus’ disciples should likewise pray daily. Briefly share with each other if you have begun to do this in your prayer life more deliberately since we have been drawing attention to these words or if not and why?

## Going Deeper:

The basic approach of Sunday’s message was to look deeper at the positive effects of both praying and meaning this prayer from one’s heart, as well as the negative effects for those that fail to come to God through prayer in this way.

In essence we looked at two key passages that highlighted the struggles for ‘sinners’ (1 Corinthians 11:17-33) and for ‘sufferers’ (Matthew 6:25-34).

**1.Helping ‘Sinners’** (See 1 Cor 11:17-33) I said that in praying and meaning this prayer from one’s heart to God, (“Give us this day our daily bread”) we find both an antidote to sin and also the grace to fight the sins of: selfishness; thoughtlessness towards others; and potential acts of division among His people.

**Question 1:** Please reread 1 Cor 11:17-33 and discuss in your own words why this is so, and how it is that Jesus’ words in Matthew 6:11 are an antidote to such sins?

**Question 2:** Is there any area in your life right now that Jesus is speaking to you about that needs this prayer and truth to be applied to?

- How are you going to do that and what changes will you need to make in order for this word to have its effect on you?

**2.Helping 'Sufferers'** (See Matthew 6:25-34) Through the message, it was said that in praying and meaning this prayer from one's heart to God, ("Give us this day our daily bread") we also find an antidote and cure for those of us who suffer. We see this in at least a couple areas of life including fear, and worry, which are often brought on by not seeing God as God and thus trades trust in God for a trust in one's own self-reliance.

**Question 1:** Please reread Matthew 6:25-34 and discuss in your own words why this is so, and how it is that Jesus' words in Matthew 6:11 are an antidote to such sufferings?

**Question 2:** Is there any area in your life right now that Jesus is speaking to you about that needs this prayer and truth to be applied to?

○ Would you be happy to share that with those who are with you now? If not maybe, you would be happier just asking others with you to pray for you.

○ How are you going to apply God's word today into your life that's needed?

○ And what changes will you need to make in order for this word to have its effect on you?

Grace and Peace to you as we 'Keep it real by Going Deeper' by taking both God's, and our concerns to Him through prayer.