

Keeping it Real by Going Deeper!

(GBC Sunday June 21st 2020 - Ps Ben C)

The Passage & The Message: How To Thrive – Psalm 1

¹ How blessed is the one who does not
walk in the advice of the wicked
or stand in the pathway with sinners
or sit in the company of mockers!
² Instead, his delight is in the LORD's teaching,
and he meditates on it day and night.

³ He is like a tree planted beside flowing streams
that bears its fruit in its season
and its leaf does not wither.
Whatever he does prospers.

⁴ The wicked are not like this;
instead, they are like chaff that the wind blows away.
⁵ Therefore the wicked will not stand up in the judgment,
nor sinners in the assembly of the righteous.

⁶ For the LORD watches over the way of the righteous,
but the way of the wicked leads to ruin.

Getting Started:

Over the last few months, which word best describes how you've been feeling: Surviving or Thriving? Why

Going Deeper:

In the Psalm the lives of those who thrive and those who don't are contrasted in 3 ways

1. What they **DELIGHT** in
2. How you'd **DESCRIBE** their lives
3. What is their ultimate **DESTINY**

Q 1. How would you summarise the contrasts this psalm makes?

	Those Who Thrive	Those Who Don't
Delight		
Description		
Destiny		

Q2. What do the following Proverbs say about the wicked, sinners and mockers, and how do these proverbs reinforce what Psalm 1 teaches?

The wicked	Sinners	Mockers
Proverbs 2:20-22, 3:33, 4:14-19, 5:22-23, 10:16,20,25,32	Proverbs 1:10-19, 13:21, 23:17-18	Proverbs 1:20-33, 3:34, 14:6, 19:29, 22:10, 29:8

Q3. If sinners, wicked and mockers delight in evil things, how can we grow in our delight of God and his teaching (see 1 John 4:7-21, esp v19)?

Q4. What are some things that you are tempted to love more than God? How can we help each other to keep God as the greatest delight of our heart?

Q5. What are some ways you've deliberately sought to put God's teaching into your mind that you might meditate on it that have worked for you? How are verses 3-6 a good reminder to make this a priority?

Q6. What are some ways that Jesus lives out the teaching of this Psalm?

Grace and Peace to you as we 'Keep it Real by Going Deeper' by taking both God's and our concerns to Him through prayer.